



Supporting
New
Beginnings



FRIENDLY VISITING SERVICES

DESIGNED TO MAINTAIN SOCIAL AND EMOTIONAL INTERACTION FOR
SOCIALY ISOLATED AND COGNITIVELY IMPAIRED SENIORS IN THE
COMFORT OF THEIR HOME, HOSPITAL OR LONG-TERM CARE SETTING

- Visits provided by trained & screened volunteers
- Light exercise such as walking
- Companionship & support
- Caregiver relief & respite
- Reading, indoor activities, playing music & creative activities
- Volunteers speak English & local languages, such as Hindi, Punjabi & Urdu
- Services offered in Mississauga & Brampton

FOR MORE INFORMATION, PLEASE CALL

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