

THE MOBILE RESILIENCY CREW

The project Mobile Resiliency Crew delivers support services for children, youth, and seniors to relief the impact of COVID-19 on their mental health. The project is a mobile service, that provides brief interventions through 4 to 5 individual sessions in the community*.

We provide an innovative service that engages our service recipients in activities while enhancing capacity to cope with adversity. Our trained interdisciplinary team addresses the rise in mental health concerns arising due to pandemic-related stressors.



"No one is alone when someone cares"

CONTACT US TODAY TO ACCESS OUR SERVICE:

- WE ENGAGE SERVICE RECIPIENTS IN RECREATIONAL ACTIVITIES
- WE PROVIDE ACTIVE LISTENING
- PEER SUPPORT
- BUILD COPING TOOLS
- MENTAL HEALTH BENEFITS



A MOBILE SERVICE
PROMOTING
WELLNESS AND
FOSTERING
RESILIENCE

ACCESSIBLE
SERVICES

INTERVENTION
THROUGH
ENGAGEMENT OF
ACTIVITIES

NO WAIT LIST

BRIEF
INTERVENTION FOR
VULNERABLE
CHILDREN, YOUTH,
AND SENIORS

ADULAM
FOUNDATION

289-927-4957

www.spiritnamic.com

Call for Intake and inquiries

*Services in Spanish also
available

*while adhering to current precautions as described by local health authorities and applicable local laws and directives.